Meet the Authors



Mary Meg Valentine



ary Meg Valentine graduated from Georgetown University in 2020 where she majored in neurobiology. She received the 2020 Biology Medal for her RISE project, "Ephrin-A Knockout Mice Exhibit Varied Behavioral Phenotypes Along the Spectrum of Developmental Disorder."

Danya Adams



anya Adams is a senior in the College majoring in neurobiology and minoring in French. Danya currently researches synaptic plasticity in Dr. Haiyan He's lab. After graduating, she hopes to continue contributing to the research field.

Nicholas Kaliss



icholas Kaliss is a senior at Georgetown University majoring in neurobiology and on the pre-med track. Outside of neurobiology, Nick has enjoyed learning about psychology through his elective coursework.

Bridgitte Isom



Bridgitte Isom is a first-year student from Miami, FL studying human science in the School of Nursing and Health Studies. She is on the pre-med track and hopes to pursue a career in medicine or medical research but is also exploring bioinformatics and bioethics during this time.

Alexander Missner



lexander Missner is a senior at Georgetown University majoring in neurobiology and minoring in Jewish Civilization. Alex will be attending Georgetown's School of Medicine as a Sweeney Scholar in the Fall of 2021.

Maria Victoria Dias



aria Victoria Dias is a sophomore from Rio de Janeiro, Brazil, majoring in human science in the NHS and is on the premed track. She is also a writer for the Georgetown Journal of Helath Sciences. Maria is passionate about research and wants to become a surgeon.

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Sofia Triplett



Sofia Triplett is a freshman majoring in human science in the NHS. She is on the pre-med track and plans to become a surgeon.

Alyssa Kardos



lyssa Kardos is a senior at Georgetown studying global health with a minor in theology in the School of Nursing and Health Studies. Her passions lie at the intersections of politics, performance, and health. Currently, she is also interning with the Affairs Team at the Pan American Health Organization and policy and advocacy team at Together for Girls.

Katherine Poole



atherine Poole is a freshman in the School of Nursing and Health Studies majoring in human science. She is also on the pre-med track.

Victoria Boatwright



'ictoria Boatwright is a junior in Georgetown studying College biological physics with a minor in science, technology, and international affairs. She works in the Fox-Kemper lab at Brown University studying physical oceanography. Boatwright intends to pursue graduate studies in oceanography or other earth sciences.

Nadia Sadanandan



adia Sadanandan is a freshman majoring in human science in the NHS and is on the pre-med track.

Ariyand Aminpour



riyand Aminpour is a senior at Georgetown University, majoring in biology of global health and minoring in science, technology, and international affairs. He works as an Undergraduate Research Assistant at Georgetown's Center for Global Health Science and Security. His professional, academic interests include global health, infectious disease, and health policy.

Meet the Authors



Brady Stallman



Brady Stallman is a firstyear human science major in the NHS. He is from Scranton, Pennsylvania. His scientific interests include overall anatomy and current research on the brain and musculoskeletal system. He plans to attend medical school after he graduates from Georgetown.

Ariel Le



riel Le is a firstyear human science student in the NHS. She is currently involved in Georgetown University Students for Health and Medical Equity and the Pellegrino Center for Clinical Bioethics.

Vidya Bhargava



year human science major in the NHS from Washington DC. On her path to pursue medicine, she hopes to explore the field of neuroscience.

Makenzie Thomas



akenzie Thomas is a freshman human science major. She has ambitions of attending medical school and pursuing a career in pediatric neurology. Her interests include mental health advocacy, neuroscience, pediatrics, and developmental disorders. At Georgetown, Makenzie is involved in GIVES, Active Minds, and the swimming team.

Kathryn Meadows



athryn Meadows is a human science major in the NHS Class of 2024. She is from Long Island, New York. In the future, Kathryn hopes to attend medical school and eventually practice medicine in the field of pediatric neurology.

Mehwish Rafique



ehwish Rafique is a recent graduate of Georgetown from the Systems Medical Program. She also graduated from Virginia Commonwealth University with a bachelor's degree in human resources management. Mehwish has a strong interest in research and oncology.